

Our Father's House

Program Activities

Make Deep Personal Commitments Daily

Recovery Focused Meditation: Monday thru Friday 7:30 a.m. Recovery Focused Night Meditation: Tues. Wed. Thurs. 10:00 p.m.

Recovery Dynamic Classes:

Mon.Wed. Fri. 10:00-11:00 a.m. 6:00-7:00 p.m.

Tuesday 6:30 p.m. Step Study

Fridays evening class @ 5:00 p.m.

5 Outside A.A. meetings required weekly Mandatory 12 Step Meetings Attended Outside Campus Mandatory Meetings

- 1.) Tuesday Night AA Mgt. Over The Hump group for Clients with Less than 60 Days
- 2.) Thursday Night AA Meeting @ Portland Promise Center 6 p.m. Less Than 90 Days
- 3.) O.F.H Friday Night AA Mgt. @ West End Token Club 8 p.m. (ALL)
- 4.) Sat. Morning Eye Opener AA Mgt. 8:30 a.m. (ALL)

Individual Program Goals and Evaluations: Daily and Weekly Progress Reports

Our Father's House has a drug free environment which empowers residents to continue their spiritual growth, become healthy whole and return to their families and friends recovered.

Co-Founders Mike White and Daryl Wales